

Taxonomy of Life Skills

Life Work

1. Makes effective use of basic tools
2. Uses various information sources, including those of a technical nature, to accomplish specific tasks
3. Manages money effectively
4. Pursues specific jobs
5. Makes general preparation for entering the work force
6. Makes effective use of basic life skills
7. Displays reliability and a basic work ethic
8. Operates effectively within organizations

Self Regulation

1. Sets and manages goals
2. Performs self-appraisal
3. Considers risks
4. Demonstrates perseverance
5. Maintains a healthy self-concept
6. Restrains impulsivity

Thinking and Reasoning

1. Understands and applies the basic principles of presenting an argument
2. Understands and applies basic principles of logic and reasoning
3. Effectively uses mental processes that are based on identifying similarities and differences (compares, contrasts, classifies)
4. Understands and applies basic principles of hypothesis testing and scientific inquiry
5. Applies basic trouble-shooting and problem-solving techniques
6. Applies decision-making techniques

Working With Others

1. Contributes to the overall effort of a group
2. Uses conflict-resolution techniques
3. Works well with diverse individuals and in diverse situations
4. Displays effective interpersonal communication skills
5. Demonstrates leadership skills